

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

Menu Name: Breakfast Menu-all sites

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 07/28/2021

Reimbursable Meal Total 8

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990062 Muffin, Blueberry	each	1	352	1.40	182	13.80	54.00	4.60
990131 Muffin, Apple Cinnamon	each	1	333	1.20	213	11.01	56.03	4.40
990130 Muffin, Banana	each	1	333	1.20	213	11.01	56.03	4.40
990063 WG Muffin, Cowgirl	each	1	340	2.40	218	10.61	57.23	5.60
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	8	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	8	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00

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Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001145 Milk, Lactose Free	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	2	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			503	1.89	354	*8.64	94.65	*16.19
% of Calories				3.38%		*15.5%	75.3%	*12.9%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Thursday - 07/29/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000581 Breakfast, Cinnamon Roll WG	each	1	280	2.50	140	10.01	43.02	6.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			447	2.26	342	*6.28	85.69	*17.04
% of Calories				4.55%		*12.6%	76.7%	*15.2%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Friday - 07/30/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990061 Breakfast Chorizo Frittata Wrap	each	1	180	3.50	420	9.00	15.00	10.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			427	2.46	398	*6.08	80.08	*17.84
% of Calories				5.19%		*12.8%	75.0%	*16.7%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Monday - 08/02/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990169 Breakfast Eggstravaganza Trky Bacon	serving	1	156	3.90	364	11.70	1.30	10.40
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			423	2.54	387	*6.62	77.34	*17.92
% of Calories				5.40%		*14.1%	73.1%	*16.9%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Tuesday - 08/03/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001504 Breakfast, Waffle, Dutch WG	each	1	421	3.00	380	13.00	73.37	*4.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			476	2.36	390	*6.88	91.76	*16.64
% of Calories				4.46%		*13.0%	77.1%	*14.0%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Wednesday - 08/04/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001467 Breakfast, CinBun, Honey WG SB	each	1	240	2.00	300	8.00	38.00	5.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			439	2.16	374	*5.88	84.68	*16.84
% of Calories				4.43%		*12.1%	77.2%	*15.3%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Thursday - 08/05/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001417 Breakfast, Bagel & Cream Cheese	each	1	263	6.06	252	8.61	35.50	6.90
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			444	2.97	364	*6.00	84.18	*17.22
% of Calories				6.02%		*12.2%	75.8%	*15.5%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Friday - 08/06/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000989 French Toast Stick* w/ egg & syrup cup	serving	1	381	1.00	320	8.00	72.37	*6.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			468	1.96	378	*5.88	91.56	*17.04
% of Calories				3.77%		*11.3%	78.3%	*14.6%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Monday - 08/09/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000302 Breakfast, Pancake Stick Pork Don Lee	each	1	176	1.60	463	5.90	21.80	8.70
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00

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Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			427	2.08	406	*5.46	81.44	*17.58
% of Calories				4.38%		*11.5%	76.3%	*16.5%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Tuesday - 08/10/2021

Reimbursable Meal Total 6

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990136 Breakfast, Coffee Cake BV	each	1	260	1.00	370	10.00	37.00	5.00
001463 Breakfast, Crumb Square Assort	each	1	272	1.10	292	9.50	42.00	4.20

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Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	6	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	6	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			452	1.82	395	*6.88	85.15	*16.47
% of Calories				3.62%		*13.7%	75.4%	*14.6%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Wednesday - 08/11/2021

Reimbursable Meal Total 8

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990173 Breakfast, Scone, Apple Cinnamon	each	1	274	3.00	186	7.70	49.00	4.00
990181 Scone, chocolate chip	each	1	299	3.30	199	8.30	53.90	4.30
990134 Scone, cranberry orange	each	1	273	3.00	206	7.70	49.00	4.00
001590 Breakfast, Scone, Lemon	each	1	283	3.10	199	8.10	50.00	4.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	8	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	8	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	2	90	0.00	130	0.00	13.00	9.00

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Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	2	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			474	2.67	350	*6.81	91.97	*15.85
% of Calories				5.07%		*12.9%	77.6%	*13.4%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Thursday - 08/12/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000793 Breakfast, Pancakes Mini Maple	each	1	341	0.50	160	6.00	69.37	*4.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			460	1.86	346	*5.48	90.96	*16.64
% of Calories				3.64%		*10.7%	79.1%	*14.5%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Friday - 08/13/2021

Reimbursable Meal Total 6

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990184 Breakfast Burrito Country Scramble MS	each	1	258	3.63	387	11.34	24.41	13.55
990159 Breakfast Burrito Country Scramble Elem	each	1	189	3.41	456	9.03	17.93	8.58
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	6	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	6	74	0.05	1	0.43	18.29	1.44

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			438	2.65	425	*7.03	79.04	*18.63
% of Calories				5.45%		*14.4%	72.2%	*17.0%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Monday - 08/16/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001173 Breakfast, Bread Banana, WGR	each	1	280	2.00	220	10.00	44.00	5.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			447	2.16	358	*6.28	85.88	*16.84
% of Calories				4.35%		*12.6%	76.9%	*15.1%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Tuesday - 08/17/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000757 Breakfast, Apple Bun Bites WG	each	1	260	4.50	230	10.00	39.00	4.00
990124 Bear Paw, apple	each	1	240	2.00	270	7.00	38.00	6.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	6	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	6	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			537	3.07	442	*7.76	101.78	*19.93
% of Calories				5.15%		*13.0%	75.8%	*14.8%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Wednesday - 08/18/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990205 Breakfast Scramble Bites	each	1	211	5.31	451	11.94	14.84	11.63
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			434	2.82	404	*6.66	80.05	*18.17
% of Calories				5.85%		*13.8%	73.8%	*16.7%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Thursday - 08/19/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001357 Breakfast, Bagel Minis	each	1	235	2.50	180	5.99	40.93	5.99
001081 Breakfast, Bagel-fuls/Strawberry	each	1	180	1.50	160	3.00	32.00	6.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	6	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	6	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			520	2.57	410	*6.16	100.97	*20.33
% of Calories				4.45%		*10.7%	77.7%	*15.6%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Friday - 08/20/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000735 Breakfast, Waffles Eggo Mnis	each	1	321	1.50	300	5.00	65.37	*5.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			456	2.06	374	*5.28	90.16	*16.84
% of Calories				4.07%		*10.4%	79.1%	*14.8%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Monday - 08/23/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000833 Breakfast, Mini Bagel Bf SgeCH	each	1	226	2.57	512	7.52	25.64	14.49

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990067 Breakfast, Egg & Cheese WG Sandwich	each	1	160	2.50	360	7.00	20.00	6.00
990066 Breakfast, Beef Sausage on Sweet Bun	each	100	224	1.94	489	7.13	26.37	12.59
990071 Sandwich, breakfast, ham and cheese croissant	sandwich	100	300	3.00	530	12.00	33.00	16.00
000316 Cereal, Assorted/Listed	bowl each	200	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	200	80	0.00	65	0.00	16.06	4.01
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000900 Crackers, Assorted	each (1 WG)	400	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	200	286	2.84	241	8.94	47.44	5.29
000312 Juice, Assorted Detailed	each	1000	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	1000	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	800	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	100	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	100	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			429	2.56	379	*7.02	76.40	*16.75
% of Calories				5.37%		*14.7%	71.2%	*15.6%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

Tuesday - 08/24/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990068 Breakfast, Pizza w/ Sausage	each	1	160	2.00	270	6.01	17.02	9.01
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			423	2.16	368	*5.48	80.49	*17.64
% of Calories				4.60%		*11.7%	76.1%	*16.7%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Wednesday - 08/25/2021

Reimbursable Meal Total 8

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990062 Muffin, Blueberry	each	1	352	1.40	182	13.80	54.00	4.60
990131 Muffin, Apple Cinnamon	each	1	333	1.20	213	11.01	56.03	4.40
990130 Muffin, Banana	each	1	333	1.20	213	11.01	56.03	4.40
990063 WG Muffin, Cowgirl	each	1	340	2.40	218	10.61	57.23	5.60
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	8	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	8	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	2	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	2	90	0.00	130	0.00	13.00	9.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	2	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			503	1.89	354	*8.64	94.65	*16.19
% of Calories				3.38%		*15.5%	75.3%	*12.9%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Thursday - 08/26/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000581 Breakfast, Cinnamon Roll WG	each	1	280	2.50	140	10.01	43.02	6.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			447	2.26	342	*6.28	85.69	*17.04
% of Calories				4.55%		*12.6%	76.7%	*15.2%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Friday - 08/27/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990061 Breakfast Chorizo Frittata Wrap	each	1	180	3.50	420	9.00	15.00	10.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			427	2.46	398	*6.08	80.08	*17.84
% of Calories				5.19%		*12.8%	75.0%	*16.7%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Monday - 08/30/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
990169 Breakfast Eggstravaganza Trky Bacon	serving	1	156	3.90	364	11.70	1.30	10.40
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			423	2.54	387	*6.62	77.34	*17.92
% of Calories				5.40%		*14.1%	73.1%	*16.9%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

Tuesday - 08/31/2021

Reimbursable Meal Total 5

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
001504 Breakfast, Waffle, Dutch WG	each	1	421	3.00	380	13.00	73.37	*4.00
000316 Cereal, Assorted/Listed	bowl each	1	107	0.17	151	*1.22	23.11	*1.67
001274 Cheese, Mozz String Lte:LOL	each	1	60	2.00	210	2.50	1.00	8.00
001529 Yogurt, Danimals	each	1	80	0.00	65	0.00	16.06	4.01
000900 Crackers, Assorted	each (1 WG)	1	58	0.51	52	1.56	10.38	1.02
001116 Breakfast, Bars assorted	each	1	286	2.84	241	8.94	47.44	5.29
001534 Smoothie, Strawberry banana	smoothie	1	125	0.00	70	0.00	40.00	5.00
000312 Juice, Assorted Detailed	each	5	62	0.00	9	0.00	15.20	0.00

Base Menu Spreadsheet

Portion Values

Jul 28, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
000895 Fruit Basket, Assorted Summer	1/2 cup	5	74	0.05	1	0.43	18.29	1.44
000095 Milk, 1% Low fat, Foster Farms	each (8oz)	2	130	1.50	160	2.50	16.00	10.00
001247 Milk, FF Regular Milk	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
001145 Milk, Lactose Free	each (8oz)	1	90	0.00	130	0.00	13.00	9.00
000102 Milk, FF Chocolate, FosterFarm	each (8oz)	1	120	0.00	150	0.00	22.00	9.00
Weighted Daily Average			476	2.36	390	*6.88	91.76	*16.64
% of Calories				4.46%		*13.0%	77.1%	*14.0%
Weekly Nutrient Guideline			400 - 500	<10	540	<=0		

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	T-Fat (g)	Carb (g)	Protn (g)
Weighted Averages	456	2	381	*6.52	86.55	*17.36
% of Calories		4.62%		*12.9%	75.9%	*15.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.